

PRESSRELEASE



1290 Broadway • Suite 100 • Denver, Colorado 80203-5606
main: 303-455-1000 • fax: 303-480-6790 • email: drcog@drcog.org • web: www.drcog.org

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Contact:

Katy Burley
Public relations coordinator
Desk: 303-480-6743
E-mail: KBurley@drcog.org
[DRCOG Online Media room](#)

DENVER REGIONAL COUNCIL OF GOVERNMENTS HONORS THE CITY OF LITTLETON'S AGING WELL RESOURCE CENTER

DENVER – The Littleton Aging Well Resource Center (AWRC) received a 2016 Metro Vision Award from the Denver Regional Council of Governments (DRCOG). The award was presented by DRCOG Vice Chair, Bob Roth, at DRCOG's annual awards celebration Wednesday, April 27 at the Westin Denver International Airport.

According to Kay Wilmesher, the AWRC and community program manager "Seniors and caregivers seek timely aging information, but are frequently unsure how to access and navigate the often complex discovery process."

The Littleton Coalition of Aging Well recognized that many of the city's seniors and their caregivers were unaware of local programs and services. In response, it founded the Aging Well Resource Center. The Center provides seniors and their caregivers with information and helps them connect with programs and services.

Located inside Bemis Public Library, the Center is staffed and supported by the City of Littleton and has quickly become a trusted location for seniors to obtain resources and information. During its first year of operation, the center served more than 600 people. Center staff expects they will serve more than twice as many during this, its second year of operation, and are responding to community demand by expanding the Center's resources related to aging-in-place and topics of interest to caregivers.

Through its Metro Vision Awards, DRCOG recognizes the projects, plans and programs that significantly improve the quality of life in the Denver region and its communities, according to its member governments' shared vision for growth and development. The regional council has been honoring outstanding achievements for more than 30 years.

The Denver Regional Council of Governments is a planning organization where local governments collaborate to establish guidelines, set policy and allocation funding in the areas of:

- ***Transportation and personal mobility***
- ***Growth and development***
- ***Aging and disability resources***

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