

# **Options Counseling / Case Management Referral Guidelines.**

#### A client must:

- 1. agree to services, as options counseling and case management are voluntary programs
- 2. have the capacity to work on a care plan independently or have a support system available that is willing to assist
- 3. reside in one the following counties: Adams, Arapahoe, Broomfield, Clear Creek, Denver, Douglas, Jefferson or Gilpin

### **Program information**

- 1. Please complete the **minimum required fields as indicated (\*)**, providing as much detail necessary for us to better serve the client.
- 2. If the client has **housing only needs, we are unable to provide services**. We recommend referring the client to Colorado Housing Connects at 1-844-926-6632 for further information and assistance.
- 3. If you provide social work, case management or other similar services to client, please indicate in the referral what our program will do differently than yours. **We are unable to duplicate services.**
- 4. We are not an emergency or crisis service program.
- 5. The client must have more than one service need. We will work with the client to develop a person-centered care plan that will assist them to continue living independently, safely and healthily in their community.

If you are unsure if a referral is appropriate, please call us at 303-480-6700 to discuss the situation.





# Program Information

Options Counseling (OC)
Case Management (CM)

# **Options Counseling**

- ages: 18-60 with a disability and 60-plus
- provide short-term service up to three months
- clients benefit from a more in-depth, in-person or phone explanations of the available service options and how to access these services
- can explain the various things to consider as clients age and provide advocacy, guidance and direction to support decision-making processes in long-term care planning.

## **Case Management**

- · age: 60-plus only
- Case Management provides intensive, short-term services, ranging six to 12 months.
- · Spanish bilingual case managers available
- comprehensive needs assessment of client and reassess client's needs at six months (or earlier if their needs have changed)
- waiting list averages two to three months.

#### Submit referral

1. Staff will follow up with the referral source within five business days of receiving a referral.

If you do not receive a confirmation, please contact Susan Anderson, program manager, at 303-480-6759 or email sanderson@drcog.org

#### I submitted a referral, what's next?

- 1. The client will receive a call within five business days of the date the referral is received. Area Agency on Aging staff will also attempt to contact the additional contacts, if provided.
- 2. The referral will be closed if we do not receive a response to our attempts (written or phone).
- 3. You will be advised of the referral closure or acceptance of services.



